



VP-4 Skinny Dragons

Family Readiness Group
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Overview

- What is the VP-4 Family Readiness Group?
- What do we do?
- How to get involved.



What is the VP-4 FRG?

- Family Readiness Group
 - Any person who supports the Active Duty service member
 - A network of peers to help enjoy our common experience
 - A place to meet friends and have fun
 - A means of receiving information about the squadron
 - Not just for deployment



What do we do?

- One informative meeting per month
 - Oct 5th at 10 am
 - Mololani Community Center
- At least one social activity per month
 - Play groups / coffee mornings
 - Potluck dinners
 - Family game nights
 - Outings
 - Hiking
 - Beach
 - Bowling



What do we do?

- Other events
 - Kieki Fall party
 - 10 am, Oct 20th
 - Mololani Community Center
 - ‘Boxes of Cheer’ for single sailors
 - Over the Hump party
 - Welcome home signs



How to get involved

- Sign up sheets in the back
- Join the VP-4 Family Readiness Page on Facebook

VP-4 FRG - We can do more Together!

UNCLASS